



COUN5340 Lifestyle Development & Career Counseling
New Orleans Baptist Theological Seminary
Division of Church and Community Ministries
Spring 2020

Professor: Lorien Fleener, MAMFC, ThM, PLPC
Office: Leeke Magee Christian Counseling Center, Room 104-E
Phone: 504-282-4455 ext. 8306
Email: lfleener@nobts.edu
Thursday 12:30-3:20

Class Grader: Tarin Madden, tmadden@nobts.edu

Mission Statement

New Orleans Baptist Theological Seminary and Leavell College prepare servants to walk with Christ, proclaim His truth, and fulfill His mission.

Mission Statement of the Counseling Program (CACREP 2.A)

The mission of the NOBTS Counseling Program is to provide training and supervised experience in evidence-based counseling methods to help people deal with life issues in a biblically sound way and prepare students for licensure in counseling and counseling-related professions. We seek to produce graduates who have the values, knowledge, skills, and personal disposition to promote the mental health and holistic wellness of clients across diverse populations.

Core Value Focus

The seminary has five core values.

1. **Doctrinal Integrity:** Knowing that the Bible is the Word of God, we believe it, teach it, proclaim it, and submit to it. This course addresses Doctrinal Integrity specifically by preparing students to grow in understanding and interpreting of the Bible.
2. **Spiritual Vitality:** We are a worshipping community emphasizing both personal spirituality and gathering together as a Seminary family for the praise and adoration of God and instruction in His Word. Spiritual Vitality is addressed by reminding students that a dynamic relationship with God is vital for effective ministry.
3. **Mission Focus:** We are not here merely to get an education or to give one. We are here to change the world by fulfilling the Great Commission and the Great Commandments through the local church and its ministries. This course addresses Mission Focus by helping students understand the biblical foundations for fulfilling the Great Commission and the Great Commandments.
4. **Characteristic Excellence:** What we do, we do to the utmost of our abilities and resources as a testimony to the glory of our Lord and Savior Jesus Christ. Characteristic Excellence is addressed by preparing students to excel in their ability to interpret Scripture, which is foundational to effective ministry.
5. **Servant Leadership:** We follow the model of Jesus and exert leadership and influence through the nurture and encouragement of those around us. Servant Leadership is modeled by classroom deportment.

The core value focus for this academic year is Spiritual Vitality.

Curriculum Competencies

NOBTS faculty members realize that all ministers need to develop specific competencies if they are going to have an effective ministry. To increase the likelihood of NOBTS graduates having an effective ministry, the faculty developed a competency-based curriculum after identifying seven essential competencies necessary for effective ministry. All graduates are expected to have at least a minimum level of competency in all of the following areas:

1. **Biblical Exposition:** to interpret and communicate the Bible accurately.
2. **Christian Theological Heritage:** To understand and interpret Christian theological heritage and Baptist polity for the church.

3. **Disciple Making:** To stimulate church health through mobilizing the church for missions, evangelism, discipleship, and church growth.
 4. **Interpersonal Skills:** To perform pastoral care effectively, with skills in communication and conflict management.
 5. **Servant Leadership:** To serve churches effectively through team ministry.
 6. **Spiritual and Character Formation:** To provide moral leadership by modeling and mentoring Christian character and devotion.
 7. **Worship Leadership:** To facilitate worship effectively.
- The curriculum competencies addressed in this course are: Spiritual and Character Formation, Biblical Exposition, Servant Leadership, and Interpersonal Skills.

Syllabus Distribution

This syllabus is distributed at the beginning of the semester for review and can be found electronically on blackboard.

Course Description

Students will examine the developmental theories, personality career theories, and decision-making theories to develop a framework for lifestyle development and career counseling. Lifestyle and vocational assessment, choice, search tactics, family influences, and God’s will and spiritual direction are examined. Students will learn to administer and interpret career assessment inventories. At the discretion of the professor, a small additional fee may be assessed to cover testing materials.

Program Objectives: #2. Upon successful completion of one of the Master’s Programs in Counseling, graduates should be able to synthesize theoretical and empirical knowledge in the field of counseling, #4. Upon successful completion of one of the Master’s Programs in Counseling, graduates should be able to integrate historical Christian beliefs, faith, and spirituality with the best practices of mental health science, in an ethical manner.

Course Objectives and Student Learning Outcomes

Course Objectives	Learning Experiences	Assessments
Students will understand and evaluate the Biblical foundation for work. 2.F.2.a; 2.F.2.d; 2.F.2.g; 2.F.4.j.	<i>Instruction</i> Class lecture and discussion <i>Readings</i> Book review texts, 48 Days to the Work You Love	<i>Course Assignments</i> Book Review
Students will understand and evaluate the assumptions and elements of major theories in career choice and development considering Biblical principles. 2.F.1.a.; 2.F.1.b.; 2.F.2.b.; 2.F.4.a;	<i>Instruction</i> Class lecture, video and discussion <i>Readings</i> <i>Career Counseling</i>	<i>Course Assignments</i> Quizzes Midterm Exam Final Exam Chapter Presentations
Students will demonstrate the ability to administer and interpret selected vocational interest instruments appropriate to client goals and the current labor market. 2.F.1.h.; 2.F.4.c.; 2.F.4.e.; 2.F.4.i.;	<i>Instruction</i> Class Lecture, video and discussion, guest speakers <i>Readings</i> <i>Career Counseling, 10 Essentials of Happy, Health People, 48 Days to the Work You Love</i>	<i>Course Assignments</i> Personal Evaluation Interview/Assessment/Treatment Plan
Students will value key issues in calling and affirmation of vocation in multiple contexts. 2.F.1.h.; 2.F.1.k.; 2.F.2.f; 2.F.2.g; 2.F.3.h; 2.F.4.b; 2.F.4.d.; 2.F.4.g.; 2.F.4.j.	<i>Instruction</i> Class lecture, video and discussion, guest speakers <i>Readings</i> <i>10 Essentials of Happy, Health</i>	<i>Course Assignments</i> Personal evaluation Interview/ Assessment/Treatment Plan

	<i>People, 48 Days to the Work You Love, Book Review Texts</i>	
Students will apply concepts of vocational guidance to ministry in a local church and/or other counseling interactions. 2.F.2.g; 2.F.4.f.; 2.F.4.h.;	<i>Instruction</i> Class lecture, video and discussion	<i>Course Assignments</i> Interview/Assessment/Treatment Plan
Students will demonstrate the skills needed to effectively conduct a job-search. 2.F.1.j.; 2.F.3.h; 2.F.4.f.	<i>Instruction</i> Class lecture, video, discussion, guest speaker <i>Readings</i> <i>48 Days to the Work You Love, Career Counseling</i>	<i>Course Assignments</i> Website review Personal Evaluation/Resume/Cover Letter

Assignment/Requirements & Description	Percentage	Due Date
<p>Weekly Chapter Quizzes</p> <p>Each student will take a weekly quiz on the chapter(s) assigned for reading. Quizzes will be multiple choice. Studying for these quizzes and reviewing afterward will be helpful in preparing for the lifestyle and career counseling midterm and final exams as well as the CPCE and NCE exams. Additionally, each student will complete a “take-home” quiz for each chapter.</p>	10%	Each class meeting
<p>Chapter Presentation</p> <p>Each student will be assigned 1-2 chapter(s) depending on class size in Zunker (2016) <i>Career counseling: A holistic approach (9th ed.)</i> to read and present to the class during class meetings. Students are encouraged to be creative with their presentations as they describe the key elements of their assigned chapter(s). Students could, but are not limited to, create a powerpoint, show a video, give an assessment, stage a roleplay, etc. Presentations should be professional but reflect the personality of the presenter.</p>	10%	Varies per course schedule
<p>Review of Witherington, Hamilton, or Keller Text</p> <p>Students will write a book review of not less than five pages, excluding cover sheet, of either the book <i>Work: A Kingdom Perspective on Labor</i> by Ben Witherington, OR <i>Work and Our Labor in the Lord</i> by James Hamilton, OR <i>Every Good Endeavor: Connection Your Work to God’s Work</i> by Timothy Keller. The review will be double spaced and written in current APA style. The book review should include a brief summary of content, an evaluation of the strengths and limitations of the work, and its applicability to Christian ministry and counseling. Attach and post the review on Blackboard at the designated place under Assignments.</p>	10%	2/20/19
<p>Website Review:</p> <p>Each student will visit and review a website related to resume writing and/or job searching. Afterward, you will write a report on: A) What is the web address (URL) for the website? B) Which aspects of the website does the student consider to be most beneficial? C) What improvements would you suggest? As a counselor, would you refer someone to this website? Why or why not? The review should be 1-2 pages and will be posted in designated discussion board on blackboard so that</p>	5%	3/26/19

students will have access to see each others' reviews.		
Personal Evaluation / Resume / Cover Letter: Each student will conduct a personal evaluation, including the results of various vocational and other instruments assigned in class, and will produce a formal report of the evaluation. The evaluation and report will include analysis of personal strengths and weaknesses, potential work settings, a personal development plan, and the production of a personal resume and cover letter. The report will be approximately 8-10 pages in length, plus the resume and cover letter. A detailed assignment description will be available in class and on Blackboard.	15%	4/9/19
Interview / Career Assessment Report / Treatment Plan: Each student will conduct a multi-meeting career assessment interview with an individual, including administration of selected assessment instruments. The interview and assessment will employ principles from the Miller text. Students will write an 8-10 page formal report and treatment plan based on these interactions. A detailed assignment description will be available in class and on Blackboard.	15%	4/30/19
Reading Report: Each student will submit a report of the percentage they read of each of the assigned texts	5%	5/7/19
Midterm and Final Exams: The two examinations are designed to assess students' knowledge of career development and counseling theory. Questions are derived from class lectures, discussions, and textbook material, with special emphasis on the Zunker text. Examinations will be objective, short answer, and discussion. Studying for these exams will be helpful in preparing for the lifestyle and career counseling questions on the CPCE for graduation and the NCC exam for state licensure.	15% 15%	4/2/19 and 5/14/19

Required Textbooks

Zunker, V. (2016). *Career counseling: A holistic approach* (9th Ed.). Boston, MA: Cengage. ISBN: 9781305087286

Miller, D. (2010). *48 days to the work you love: Preparing for the new normal* (Rev. ed.).

Nashville, TN: B&H Publishing Group. ISBN: 978-1-4336-6933-0

Langberg, D. (2013). *In our lives first: Meditations for counselors*. Scotts Valley, CA: CreateSpace. ISBN: 978-1497444010

Larimore, W. (2009). *10 essentials of happy healthy people: Becoming and staying highly healthy*. Grand Rapids, MI: Zondervan. ISBN: 978-1-448-62514-7

Required: Choose one of the following for the book review (student's choice):

Hamilton, J. (2017). *Work and our labor in the Lord*. Wheaton, IL: Crossway.

ISBN: 9781433549953

Keller, T. & Alsdorf, K.L. (2012). *Every good endeavor: Connecting your work to God's work*. New York, NY: Dutton.

ISBN: 978-0-525-95270-1

Witherington, III, Ben. (2011). *Work: A kingdom perspective on labor*. Grand Rapids, MI:

Eerdmans. ISBN: 978-0802865410

Recommended Reading

(Although these books are not required, they provide helpful information for further study in areas covered by the course.)

Figler, H., & Bolles, R. N. (2007). *The career counselor's handbook* (2nd ed.). New York: Ten Speed Press. ISBN: 978-1-58008-870-1

National Career Development Association. (2015). *Ethical standards*. Tulsa, OK: author.
https://www.ncda.org/aws/NCDA/asset_manager/get_file/3395

Rosenthal, H. (2017). *Encyclopedia of counseling* (4th ed.).

Wood, C. & Hayes, D. (2013). *A counselor's guide to career assessment instruments* (6th edition). Broken Arrow, OK: NCDA.

Course Teaching Methodology

Reading, lecture notes, discussion, Blackboard, and presentations will be employed in this course of study. Students will interview and give assessment instruments to self and others. Students will do personal evaluations of their lifestyle issues and career paths, including research into resources in these areas. Students will be evaluated for knowledge of career development and counseling and related lifestyle issues through exams. Students should be prepared to thoroughly discuss the reading material and demonstrate the reading/class assignments in class discussions and assignments. Students will submit an evaluation of their reading in the class.

Evaluation of Grade

This course is graded according to seminary policy:

A--93-100

B--85-92*

C--77-84

D--70-76

F--Below 70

Course Policies, Academic Conduct, and Professional Conduct

Academic Honesty Policy

All graduate and undergraduate NOBTS students, whether on-campus, internet, or extension center students, are expected to adhere to the highest Christian standard of honesty and integrity when completing academic assignments for all courses in every delivery system format. The Bible provides our standard for academic integrity and honesty. This standard applies whether a student is taking tests, quizzes, exams, writing papers, completing Discussion Boards, or any other course requirement.

Academic Policies

Academic policies relate to absences, grading scale, final examination schedules, and other topics can be found in the current online catalog: *New Orleans Baptist Theological Seminary Academic Catalog*.

Classroom Parameters

Please arrive on time.

Turn off cell phones. Utilize laptops and other technology for class purposes only.

Respect the professor and other members of the class.

Maintain confidentiality when someone shares personal information.

Participate in class and group discussions.

Classroom Participation/Active Dialogue

Student participation is expected. Class interaction is an important and valuable aspect of the learning environment where we can experience the truth of the Great Commandment by truly knowing one another.

Disabilities and Accommodations

New Orleans Baptist Theological Seminary does not discriminate against applicants/ students on the basis of personal disabilities. The Seminary, in voluntary compliance with the American Disabilities Act, will provide reasonable institutional accommodations, modifications, and adjustments to enable and empower students with disabilities to participate in Seminary programs and activities to the fullest extent possible. However, NOBTS cannot support accommodations that place undue hardship on the Seminary or its resources or which alter the essential requirements of curriculum and academic progress. While the seminary does not provide direct assistance to students in the form of equipment or personnel, accommodations may be made by individual professors at their discretion. These accommodations usually take the form of early access to lecture materials in electronic format and additional time to complete tests and assignments. The most efficient way to pursue such accommodations is to provide the Director of Testing and Counseling (Dr. Jeff Nave, jnave@nobts.edu, 504-282-4455 ext. 8004) with documentation of the condition for which you seek accommodation, an explanation of helpful accommodations received in the past, and a description of the specific accommodations you desire. The Director of Testing and Counseling will document your request and communicate on your behalf with the professors who teach the course(s) for which you are registered. The seminary reserves the right to consider each request for "special" accommodations on a case by case basis pursuant to the criteria enumerated above.

Diversity

The Counseling Program at NOBTS affirms the Christian doctrinal position that God created man in His own image, and that Christ died for man; therefore, every person of every race possesses full dignity and is worthy of respect and Christian love. We believe the counseling profession affords our students and graduates the opportunity to be "salt and light" (Matthew 5:13-16) whatever their places of service, and that a robust appreciation for and sensitivity to human diversity is key to that end. Further, a learning environment diverse in its people, curricula, scholarship, research, and creative activities expands opportunities for intellectual inquiry and engagement, helps students develop critical thinking skills, and prepares students for social and civic responsibilities. Students and faculty benefit from diversity. The quality of learning, research, scholarship, and creative activities are enhanced by a climate of inclusion, understanding, and appreciation of the full range of human experience. We are committed to nurturing and training a diverse student body in an atmosphere of mutual respect and appreciation of differences. As a result, the counseling program is committed to diversity and equal opportunity and recognizes that it must represent the diversity inherent in American society, reflected in our local community, and aligned with the core values of the NOBTS community.

Emergencies:

In cases of emergency, such as hurricanes, disease outbreaks, or other disasters, go to the seminary website (www.nobts.edu) for information. The seminary administration will post information, such as the nature of the emergency, instructions for response, and evacuation and return dates. Please check Blackboard for information specific to this course. Because Blackboard is available, the course will continue even if the main campus is closed. Please consider registering for the seminary's priority text messaging service through [SelfServe](#). This service is used only in emergencies, and will allow the seminary to deliver urgent information to you as needed.

Extra Credit

No extra credit is available in this course.

Netiquette

Netiquette refers to appropriate online behavior in Blackboard or other online discussions. Each student is expected to demonstrate appropriate Christian behavior when working online on Discussion Boards or whenever interaction occurs through web, digital, or other electronic medium. The student is expected to interact with other students in a fashion that will promote learning and respect for the opinions of others in the course. A spirit of Christian charity is expected at all times in the online environment.

Plagiarism on Written Assignments

NOBTS has a no tolerance policy for plagiarism. Plagiarism in certain cases may result in expulsion from the seminary. See the NOBTS Student Handbook for definition, penalties, and policies associated with plagiarism.

Policy for Graduating Seniors

Graduating Seniors are responsible for alerting the professor of your intention to graduate. All of your assignments must be completed by noon (12:00 PM) on the Wednesday prior to commencement exercises.

Professor's Policy on Late Assignments

All work is due on the assigned date in the syllabus. All class work is due at the dates specified. Late assignments will be given a deduction of half a grade per class day after the due date. Any assignment submitted after the final exam will receive a grade of 0 points.

Professional Conduct

Students are expected to adhere to the appropriate code of ethics for their particular program. Any behavior deemed unethical will be grounds for dismissal from the program.

Professor's Availability and Assignment Feedback

The student may contact the professor at any time using the email address provided in the course syllabus. The professor will make every effort to return answers to emailed questions within a 24-hour period of time. Assignments requiring grading will be returned to the student within a reasonable period of time. Student feedback on graded assignments will be provided through the grading rubric located in the student's Blackboard Grade Book. The student will find comments in the grading rubric, as well as on graded paper assignments.

Reading Assignments

Students are responsible for completing all reading assignments.

Technical Assistance

For assistance regarding technology, consult ITC (504-816-8180) or the following websites:

1. Selfserve@nobts.edu - Email for technical questions/support requests with the Selfserve.nobts.edu site (Access to online registration, financial account, online transcript, etc.)
2. BlackboardHelpDesk@nobts.edu - Email for technical questions/support requests with the NOBTS Blackboard Learning Management System NOBTS.Blackboard.com.
3. ITCSupport@nobts.edu - Email for general technical questions/support requests.
4. www.NOBTS.edu/itc/ - General NOBTS technical help information is provided on this website.

Writing Center

NOBTS has adopted a Quality Enhancement Plan to improve English writing at the graduate level. As part of this effort, NOBTS has established a writing center located in the Hardin Student Center (290B). Visit the official NOBTS Writing Center online help site for writing academic papers and essays. You will discover writing guides, tips, and valuable information to help you become a better writer. Go here for Turabian and APA style helps and guidelines. You will also find language fonts for Greek and Hebrew.

More information about how to set up an appointment for writing assistance is available on the writing center page.

Writing Style

All papers are to be written in American Psychological Association (APA) style. Please see the APA Manual 6th edition. Be thorough, and answer completely all the questions in the assignments.

Writing Style Guide

Writing assignments should follow the **NOBTS/Leavell College Manual of Form and Style** (*revised August 2019*). To access this manual on the seminary website, please use the following link: https://www.nobts.edu/_resources/pdf/writing/StyleGuide.pdf.

Student Services

(CACREP 1.F, H)

This is a partial list of NOBTS student services available to all students, no matter your delivery system or location. If you have questions or do not see what you need here, please refer to www.nobts.edu/student-services, email us at studentservices@nobts.edu, or call the Dean of Students office at 800-662-8701, ext. 3283. We are glad to assist you!

Need	Email	Phone	Web Page
Advising – Graduate Program	studentservices@nobts.edu	504.282.4455 x3312	www.nobts.edu/registrar/default.html #advising
Advising – Undergraduate Program	lcadminasst@nobts.edu	504.816.8590	www.nobts.edu/LeavellCollege
Church Minister Relations (for ministry jobs)	cmr@nobts.edu	504.282.4455 x3291	www.nobts.edu/CMR
Financial Aid	financialaid@nobts.edu	504.282.4455 x3348	www.nobts.edu/financialaid
PREP (help to avoid student debt)	Prepassistant1@nobts.edu	504.816.8091	www.nobts.edu/prep
Gatekeeper NOBTS news	pr@nobts.edu	504.816.8003	nobtsgatekeeper.wordpress.com
Information Technology Center	itcsupport@nobts.edu	504.816.8180	selfserve.nobts.edu
Help with Blackboard	blackboardhelpdesk@nobts.edu	504.816.8180	nobts.blackboard.com
Library	library@nobts.edu	504.816.8018	www.nobts.edu/Library
Online library resources	library@nobts.edu	504.816.8018	http://www.nobts.edu/research- links/default.html
Writing and Turabian style help	library@nobts.edu	504.816.8018	http://www.nobts.edu/writing/default.html
Guest Housing (Providence Guest House)	ph@nobts.edu	504.282.4455 x4455	www.provhouse.com
Student Counseling	lmccc@nobts.edu	504.816.8004	www.nobts.edu/student-services/counseling services.html
Women’s Programs	womensacademic@nobts.edu	504.282.4455 x3334	www.nobts.edu/women

For additional library resources in your state, check <http://www.nobts.edu/library/interlibrary-loan.html>

- GALILEO for Georgia students
- LALINC for Louisiana students
- Florida Virtual Library (<http://www.flelibrary.org/>) for Florida students
- Interact with us online at –



[TWITTER.COM/NOBTS](https://twitter.com/nobts) [INSTAGRAM.COM/NOBTS](https://www.instagram.com/nobts) [FACEBOOK.COM/NOBTS](https://www.facebook.com/nobts)

Course Schedule
(CACREP 2.D.1, 3, 4)

Z – Zunker, *Career Counseling*

MIL – Miller, *48 days to the work you love*

LAR – Larimore, *10 essentials of happy, healthy people*

Date	Topic	Reading & Assignments	CACREP crf
1/23/19	Introduction & Syllabus Career Counseling: A Holistic Approach Career Counseling Assessments (Pre)		2.F.4.a
1/30/19	Historical Development & the Basics What is Work? Assessing Your Health	Z: Ch. 1 MIL: Ch. 1 LAR: Ch. 1-2 Z: Ch 1 Quiz	2.F.1.a 2.F.4.a 2.F.4.b
2/06/19	Theories of Career Development Change – Opportunity, Perception, Hope Life Balance	Z: Ch. 2 MIL: Ch. 2 LAR: Ch. 3 Z: Ch 2 Quiz	2.F.4.a 2.F.4.b
2/13/19	Career Counseling Models A Life Plan - Work in Christian Perspective Self-Care, Physical Well-Being	Z: Ch. 3 MIL: Ch. 3 LAR: Ch. 4 Z: Ch 3 Quiz	2.F.1.l 2.F.4.a
2/20/19	Integrating Career & Personal Counseling Wheels, Goals, & Action Emotional Well-being, Forgiveness, Acceptance, and Letting Go	Z: Ch. 4 MIL: Ch. 4 LAR: Ch. 5 Z: Ch 4 Quiz Book Review Due 2/20	2.F.4.b 2.F.4.j
2/27/19	Career Counseling Intake Interview Personality Reducing Stress, Anxiety, & Depression, Mental Well-being	Z: Ch. 5 MIL: Ch. 5 LAR: Ch. 6 Z: Ch 5 Quiz	2.F.4.b 2.F.4.j
3/5/19	Standardized Test and Self- Assessment Procedures Relational Health	Z: Ch. 6 LAR: Ch. 7 Z: Ch 6 Quiz	2.F.4.i 2.F.4.e 2.F.7.e
3/12/19	Technology in Career Counseling Constructs, Meanings, & Application Job Search, Interviewing, Networking, Resumes	Z: Ch. 7 MIL: Ch. 6, 7, 8 Z: Ch 7 Quiz	2.F.4.c 2.F.4.h 2.F.5.e
3/16/19-3/20/19	SPRING BREAK	SPRING BREAK	
3/26/19	Ethics in Career Counseling The Value of Your Work Spiritual Well-Being Mid-Term Exam Review	Z: Ch. 8 MIL: Ch. 9 LAR: Ch. 8 Z: Ch 8 Quiz Website Reviews Due 3/26	2.F.4.c 2.F.4.d
4/2/19	MIDTERM EXAM	MIDTERM EXAM	
4/9/19	Multicultural and Gender Issues in Career Counseling Entrepreneurs – Being the Boss Positive Self-Image	Z: Ch. 9, 10 MIL: Ch. 10 LAR: Ch. 9 Z: Ch 9, 10 Quiz Personal Evaluation, Resume, & Cover Letter Due 4/9	2.F.4.a 2.F.4.e 2.F.4.h 2.F.4.i

4/16/19	Counseling Diverse Populations and Individuals with Disabilities Change & Opportunity Discover Your Destiny	Z: Ch. 11, 12 MIL: Ch. 11 LAR: Ch. 10 Z: Ch 11, 12 Quiz	2.F.4.c 2.F.4.f
4/23/19	Job Loss, Career Development, and Transitions of Working Adults Personal Responsibility and Empowerment	Z: Ch. 13, 14 LAR: Ch. 11 Z: Ch 13, 14 Quiz	2.F.3.i 2.F.4.j 2.F.4.f 2.F.4.g 2.F.4.h 5.F.2.k
4/30/19	Career Development in Elementary, Middle, High School and Beyond Teamwork Find the Work You Love	Z: Ch. 15, 16, 17 LAR: Ch. 12 MIL: Ch. 12 Z: Ch 15, 16, 17 Quiz Interview/Career Assessment / Treatment Plan Due 4/30	2.F.4.f 2.F.4.g 5.F.2.j
5/7/18	Career Counseling Assessments (Post) Final Exam Review		2.F.4.a
5/14/19	FINAL EXAM: 12-2PM	Final Exam: 12-2 PM	

Selected Bibliography (CACREP 2.E)

- Albers, S. (2009). *50 ways to soothe yourself without food*. Oakland, CA: New Harbinger Publications, Inc.
- Allen, C. C., & Winters, C. A. (2004). *The healthy balance for body & soul*. Grand Rapids, MI: Fleming H. Revell.
- Amen, D. G. (2010). *Change your brain, change your mind: The breakthrough program for conquering anxiety, depression, obsessiveness, anger, and impulsiveness*. New York: Three Rivers Press.
- Amen, D. G. (2010). *Change your brain, change your body: Use your brain to get and keep the body you have always wanted*. New York: Three Rivers Press.
- Anderson, N. (2004). *Work with passion: How to do what you love for a living* (Revised and Updated). Novato, CA: New World Library.
- Antony, M. M., & Swinson, R. P. (2009). *When perfect isn't good enough* (2nd ed.). Oakland, CA: New Harbinger Publications, Inc.
- Arcieri, A. J., & Green, M. E. (1999). *Majoring in success: Building your career while still in college*. Alexandria, VA: Octameron Associates.
- Arterburn, S. (2004). *Feeding your appetites: Take control of what's controlling you*. Nashville, TN: Integrity Publishers.
- Arterburn, S., & Mintle, L. (2004). *Lose it for life: The total solution – spiritual, emotional, physical – for permanent weight loss*. Nashville, TN: Integrity Publishers.
- Backstrom, G. (2002). *I'd rather be working: A step-by-step guide to financial self-support for people with chronic illness*. New York: AMACOM.
- Backus, W. (1985). *Telling each other the truth*. Minneapolis, MN: Bethany House.
- Backus, W. (1996). *The healing power of a christian mind: How biblical truth can keep you healthy*. Minneapolis, MN: Bethany House.
- Backus, W. (2000). *Telling yourself the truth*. Bloomington, MN: Bethany House.
- Barnes, E. (2001). *Emilie barnes' 15 minute house and budget manager*. New York: Inspirational Press.
- Barnhill, C. (2004). *The myth of the perfect mother: Rethinking the spirituality of women*. Grand Rapids, MI: Baker Books.

- Bauer, J. (2005). *The complete idiot's guide to total nutrition* (4th ed.). Indianapolis, IN: Alpha Books.
- Beck, J. (2008). *The complete Beck diet for life*. Birmingham, AL: Oxmoor House, Inc.
- Bell, J. S., Jr. (2003). *Christian family guide to organizing your life*. Indianapolis, IN: Alpha Books.
- Benner, D. G. (2003). *Surrender to love: Discovering the heart of christian spirituality*. Downer's Grove, IL: InterVarsity Press.
- Benner, D. G. (2004). *The gift of being yourself: The sacred call of self-discovery*. Downer's Grove, IL: InterVarsity Press.
- Birsner, E. P. (1991). *The 40+ job-hunting guide: Official handbook of the 40+ club*. New York: Facts on File.
- Birsner, E. P. (1991). *Mid-career job-hunting guide: Official handbook of the forty plus club*. New York: Arco Publishing.
- Blakeney, S., & Henley, W. (2007). *Energy zappers: Dealing with people who drain your dry*. Grand Rapids, MI: Baker Books.
- Bolles, R. N. (2011). *What color is your parachute? A practical manual for job-hunters and career changers*. Berkeley, CA: Ten Speed Press.
- Bolles, R. N. (2011). *What color is your parachute workbook: A companion to the best-selling job-hunting book in the world*. Berkeley, CA: Ten Speed Press.
- Bourne, E. J. (2010). *The anxiety & phobia workbook* (5th ed.). Oakland, CA: New Harbinger Publications, Inc.
- Bradshaw, J. (2005). *Healing the shame that binds you* (Expanded and Updated ed.). Deerfield, FL: Health Communications, Inc.
- Brazelton, K. (2005). *Pathway to purpose for women: Connecting your to-do list, your passions, and God's purposes for your life*. Grand Rapids, MI: Zondervan.
- Brennfleck, K., & Brennfleck, K. M. (2005). *Live your calling: A practical guide to finding and fulfilling your mission in life*. San Francisco: Jossey-Bass.
- Breus, M. (2006). *Good night: The sleep doctor's 4-week program to better sleep and better health*. New York: Dutton.
- Brolin, D. E., & Loyd, R. J. (2003). *Career development and transition services: A functional life skills approach* (4th ed.). Upper Saddle River, NJ: Prentice Hall.
- Brown, D. (2006). *Career information, career counseling, and career development* (9th ed.). Needham Heights, MA: Allyn & Bacon.
- Brown, D., & Associates. (2002). *Career choice and development* (4th ed.). San Francisco: Jossey-Bass.
- Burns, D. D. (1999). *Feeling good: The new mood therapy*. New York: HarperCollins Publishers.
- Burwash, P. (2008). *Total health: The foundation for success and happiness*. Badger, CA: Torchlight Publishing, Inc.
- Callahan, L. (2002). *The fitness factor: Every woman's key to a lifetime of health and well-being*. Guilford, CT: The Lyons Press.
- Chambers, O. (1992). *My utmost for his highest*. Grand Rapids, MI: Discovery House Publishers.
- Clarke, D. E. (2007). *The 6 steps to emotional freedom: Breaking through to the life God wants you to live*. Uhrichsville, OH: Barbour Publishing, Inc.
- Cloud, H., & Townsend, J. (1992). *Boundaries*. Grand Rapids, MI: Zondervan Publishing House.
- Cloud, H., & Townsend, J. (1999). *Boundaries in marriage*. Grand Rapids, MI: Zondervan Publishing House.
- Cloud, H., & Townsend, J. (2002). *God will make a way: What to do when you don't know what to do*. Nashville, TN: Integrity Publishers.
- Colbert, D. (2004). *What you don't know may be killing you*. Lake Mary, FL: Siloam.
- Colbert, D. (2006). *The seven pillars of health*. Lake Mary, FL: Siloam.
- Colbert, D. (2009). *Eat this and live*. Lake Mary, FL: Siloam.
- Colbert, D. (2010). *Dr. Colbert's "I can do this" diet*. Lake Mary, FL: Siloam.

- Cooper, K. H. (1995). *Faith-based fitness*. Nashville, TN: Thomas Nelson Publishers.
- Costa, K. (2007). *God at work: Living every day with purpose*. New York: Continuum.
- Crabb, L. (1997). *Who you are: What your relationships tell you about yourself*. Colorado Springs, CO: NavPress.
- Crabb, L. (2002). *The pressure's off*. Colorado Springs, CO: WaterBrook Press.
- Crabb, L. (2002). *The pressure's off workbook*. Colorado Springs, CO: WaterBrook Press.
- Crowley, K., & Elster, K. (2006). *Working with you is killing me: Freeing yourself from emotional traps at work*. New York: Warner Business Books.
- Daniel, M. (2000). *Self-scoring emotional intelligence tests*. New York: Sterling Publishing.
- Davis, M., Eshelman, E. R., & McKay, M. (2008). *The relaxation & stress reduction workbook* (6th ed.). Oakland, CA: New Harbinger Publications, Inc.
- Dawn, M. J. (2008). *Being well when we're ill: Wholeness and hope in spite of infirmity*. Minneapolis, MN: Augsburg Books.
- Demetre, D. (2006). *Scale down – live it up: Leader's guide*. Grand Rapids, MI: Revell.
- Demetre, D. (2006). *Scale down – live it up: Wellness workbook*. Grand Rapids, MI: Revell.
- Deroo, C., & Deroo, C. (2006). *What's right with me: Positive ways to celebrate your strengths, build self-esteem, & reach your potential*. New Harbinger Publications, Inc.
- Dobson, J. (2005). *5 essentials for lifelong intimacy*. Sisters, OR: Multnomah Publishers.
- Dodd, S. L. (2006). *Behavior change log book and wellness journal*. San Francisco, CA: Pearson Education, Inc.
- Eikleberry, C. (2007). *The career guide for creative and unconventional people* (3rd ed.). Berkeley, CA: Ten Speed Press.
- Ellsworth, T. N. (2006). *The rat the race and the cage: A simple way to guarantee job satisfaction and success*. Enumclaw, WA: WinePress Publishing.
- Engel, B. (2006). *Healing your emotional self: A powerful program to help you raise your self-esteem, quiet your inner critic, and overcome your shame*. Hoboken, NJ: John Wiley & Sons, Inc.
- Farr, M. (2005). *Next-day job interview*. Indianapolis, IN: JIST Works.
- Farr, M. (2007). *Same-day resume*. Indianapolis, IN: JIST Works.
- Farr, M., & Shatkin, L. (2009). *50 best jobs for your personality* (2nd ed.). Indianapolis, IN: JIST Works.
- Felton, S. (2005). *Smart organizing: Simple strategies for bringing order to your home*. Grand Rapids, MI: Revell.
- Fennell, P. A. (2001). *The chronic illness workbook: Strategies and solutions for taking back your life*. Latham, NY: Albany Health Management Publishing.
- Fields, D., & Rees, E. (2008). *Congratulations... you're gifted: Discovering your god-given shape to make a difference in the world*. Grand Rapids, MI: Zondervan.
- Figler, H. E. (1999). *Complete job-search handbook: Everything you need to know to get the job you want* (3rd ed.). New York: Henry Holt and Company, LLC.
- Godwin, L. (2004). *From burned out to fired up: A woman's guide to rekindling the passion and meaning in work and life*. Deerfield Beach, FL: Health Communications, Inc.
- Gladwell, M. (2005). *Blink: The power of thinking without thinking*. New York: Back Bay Books.
- Goldberg, N. (2008). *Dr. Nieca Goldberg's complete guide to women's health*. New York: Ballantine Books.
- Goleman, D. (2006). *Emotional intelligence: The 10th anniversary edition*. New York: Bantam.
- Goleman, D. (2006). *Social intelligence: The 10th anniversary edition*. New York: Bantam.
- Goodman, K. P. (2005). *Another fine mess, lord!* Uhrichsville, OH: Barbour Publishing, Inc.
- Gottfredson, G. D., & Holland, J. L. (1996). *Dictionary of Holland occupational codes* (3rd ed.). Tampa, FL: Psychological Assessment Resources, Inc.
- Gottman, J. M., & DeClaire, J. (2001). *The relationship cure: A 5 step guide to strengthening your marriage, family, and friendships*. New York: Three Rivers Press.

- Gottman, J. M., & Gottman, J. S. (2007). *And baby makes three: The six step plan for preserving marital intimacy and rekindling romance after baby arrives*. New York: Three Rivers Press.
- Greenberger, D., & Padesky, C. A. (1995). *Mind over mood: Change how you feel by changing the way you think*. New York: The Guilford Press.
- Greene, B. (2002). *Get with the program! Getting real about your weight, health, and emotional well-being*. New York: Simon & Schuster Paperbacks.
- Greene, B. (2002). *The get with the program! Daily journal*. New York: Simon & Schuster Paperbacks.
- Greene, B. (2009). *The best life diet* (Rev. ed.). New York: Simon & Schuster Paperbacks.
- Greene, B. (2009). *The best life diet daily journal*. New York: Simon & Schuster Paperbacks.
- Greenhaus, J. H., Callanan, G. A., & Godshalk, V. M. (2010). *Career management*. (4th ed.). Thousand Oaks, CA: Sage Publications, Inc.
- Greenspan, T. S. (2002). *Freeing our families from perfectionism*. Minneapolis, MN: Free Spirit Publishing.
- Guinness, O. (2003). *The call: Finding and fulfilling the central purpose of your life*. Nashville, TN: W Publishing Group.
- Hager, W. D., & Hager, L. C. (2000). *Stress and the woman's body*. Grand Rapids, MI: Fleming H. Revell.
- Halaas, G. W. (2004). *The right road: Life choices for clergy*. Minneapolis, MN: Fortress Press.
- Halliday, J., & Halliday, A. (2002). *Thin within: A grace-oriented approach to lasting weight loss*. Nashville, TN: W Publishing Group.
- Harling, B. (2008). *Rewriting your emotional script: Erase old messages, embrace new attitudes*. Colorado Springs, CO: NavPress.
- Heim, T., & Heim, J. (1999). *What's your story? An interactive guide to building authentic relationships*. Colorado Springs, CO: Piñon Press.
- Helldorfer, M. C. (1995). *The work trap: Rediscovering leisure, redefining work*. New London, CT: Twenty-Third Publications.
- Henner, M., & Morton, L. (1998). *Marilyn henner's total health makeover: 10 steps to your B.E.S.T. * Body*. New York: HarperCollins Publishers. (Balance, Energy, Stamina, Toxin-Free)
- Herr, E. L., Cramer, S. H., & Niles, S. G. (2003). *Career guidance and counseling through the lifespan: Systematic approaches* (6th ed.). New York: Longman.
- Hirsch, S. K., & Kise, J. A. G. (2006). *Soul Types: Matching your personality and spiritual path*. Minneapolis, MN: Augsburg Books.
- Hirsch, S. K., & Kise, J. A. G. (2009). *Looking at type and spirituality: Using psychological type to discover your unique spiritual expression*. Gainesville, FL: Center for Applications of Psychological Type, Inc.
- Hodge, D. R. (2003). *Spiritual assessment: Handbook for helping professionals*. Botsford, CT: North American Association of Christians in Social Work.
- Holland, J. L. (1997). *Making vocational choices: A theory of vocational personalities and work environments* (3rd ed.). Tampa, FL: Psychological Assessment Resources, Inc.
- Hudson, C. D., Kohlmeyer, D., & Southern, R. (2005). *Do you want fries with that? The indispensable guide to a fun and fulfilling career*. Uhrichsville, OH: Barbour Publishing, Inc.
- Hunt, J. (2008). *How to handle your emotions*. Eugene, OR: Harvest House Publishers.
- Hunt, J. (2007). *How to forgive...when you don't feel like it*. Eugene, OR: Harvest House Publishers.
- Ingram, C., & Johnson, B. (2009). *Overcoming emotions that destroy: Practical help for those angry feelings that ruin relationships*. Grand Rapids, MI: Baker Books.
- Jantz, G. L. (2007). *The body god designed: How to love the body you've got while you get the body you want*. Lake Mary, FL: Siloam.
- Kahn, A. P. (2003). *The encyclopedia of work-related illnesses, injuries, and health issues*. New York: Facts on File.
- Kalt, N. C. (1996). *Career power! A blueprint for getting the job you want*. Pound Ridge,

NY: Career Power, Inc.

- Karasek, R., & Theorell, T. (1992). *Healthy work: Stress, productivity, and the reconstruction of working life*. New York: Basic Books.
- Kay, E. (2004). *A woman's guide to family finances: Finding real money in an unreal economy*. Minneapolis, MN: Bethany House.
- Kise, J. A. G., Stark, D., & Hirsch, S. K. (2005). *Lifekeys: Discover who you are*. Minneapolis, MN: Bethany House Publishers.
- Koenig, K. R. (2007). *The food and feelings workbook: A full course meal on emotional health*. Carlsbad, CA: Gürze Books.
- Kossek, E. E., Lambert, S. J. (Eds.). (2005). *Work and life integration: Organizational, cultural, and individual perspectives*. Mahwah, NJ: Lawrence Erlbaum Associates, Inc.
- Kroeger, O., Thuesen, J. M., & Rutledge, H. (2002). *Type talk at work: How the 16 personality types determine your success on the job* (Rev. ed.). New York: Delta.
- Laliberte, M., McCabe, R. E., & Taylor, V. (2009). *The cognitive behavioral workbook for weight management: A step-by-step program*. Oakland, CA: New Harbinger Publications, Inc.
- Larimore, W. (). *God's design for the highly health child*. Grand Rapids, MI: Zondervan.
- Larimore, W. (). *God's design for the highly health teen*. Grand Rapids, MI: Zondervan.
- Larimore, W., & Peel, W. C. (). *Going public with your faith: Becoming a spiritual influence at work*. Grand Rapids, MI: Zondervan.
- Leahy, R. L. (2005). *The worry cure: Seven steps to stop worry from stopping you*. New York: The River Press.
- Leron, J. A. (200X). *Conquering the time factor: Twelve myths that steal life's precious moments*. Camp Hill, PN: Christian Publications, Inc.
- Lewandowski, M. J. (2006). *The chronic pain workbook: A self-treatment approach to pain relief using the behavioral assessment of pain questionnaire*. Oakland, CA: New Harbinger Publications, Inc.
- Lewis, C. (1998). *First place: The original spirituality based weight loss plan for whole person fitness*. Nashville, TN: Broadman & Holman Publishers.
- Lewis, C. (2004). *The divine diet*. Ventura, CA: Regal Books.
- Liptak, J. J. (2008). *Career quizzes: 12 tests to help you discover and develop your dream career*. Indianapolis, IN: JIST Works.
- Liptak, J. J. (2001). *Treatment planning in career counseling*. Belmont, CA: Brooks/Cole.
- Llewellyn, A. B., & Holt, R. (2007). *The everything career tests book: 10 tests to determine the right occupation for you*. Avon, MA: Adams Media.
- Lloyd, M. (2009). *Super-charged retirement: Ditch the rocking chair, trash the remote, and do what you love*. University Place, WA: Hankfritz Press.
- Lluch, A. A. (2007). *I will get fit this time! Workout journal*. San Diego, CA: Wedding Solutions Publications, Inc.
- Lluch, A. A. (2006). *I will lose weight this time! Diet journal*. San Diego, CA: Wedding Solutions Publications, Inc.
- Lore, N. (2008). *Now what? The young person's guide to choosing the perfect career*. New York: Fireside.
- Lore, N. (1998). *The pathfinder: How to choose or change your career for a lifetime of satisfaction and success*. New York: Fireside.
- Lowman, R. L. (1991). *The clinical practice of career assessment: Interests, abilities, and personality*. Washington, DC: American Psychological Association.
- Lowman, R. L. (1993). *Counseling and psychotherapy of work dysfunction*. Washington, DC: American Psychological Association.
- Lush, J., & Vredevelt, P. (2008). *Women and stress: Practical ways to manage tension*. Grand Rapids, MI: Fleming H. Revell.
- Mallinger, A. E., & DeWyze, J. (1992). *Too perfect: When being in control gets out of control*. New York: The Random House Publishing Group.
- Mathuna, D. O., & Larimore, W. (2001). *Alternative medicine: The Christian handbook*.
- May, G. G. (1991). *Addiction & grace: Love spirituality in the healing of addictions*. New York: HarperCollins Publishers.

- McCullough, D. (2004). *The consolations of imperfection: Learning to appreciate life's limitations*. Grand Rapids, MI: Brazos Press.
- McDaniels, C., & Gysbers, N. C. (1992). *Counseling for career development: Theories, resources, and practice*. San Francisco: Jossey-Bass Publishers.
- McDowell, J., & Williams, T. (2006). *The relational word: A biblical design to reclaim and transform the next generation*. Holiday, FL: Green Key Books.
- McGee, R. S. (1993). *Search for Significance: Build your self-worth on the forgiveness and unconditional love of Jesus Christ*. Nashville, TN: LifeWay Press.
- McKay, M., Davis, M., & Fanning, P. (2000). *Self-esteem* (3rd ed.). Oakland, CA: New Harbinger Publications, Inc.
- McKay, M., Davis, M., & Fanning, P. (2007). *Thoughts & feelings: Taking control of your moods & your life* (3rd ed.). Oakland, CA: New Harbinger Publications, Inc.
- McSwain, J. (2000). *Finding your PLACE in ministry*. Oklahoma City, OK: Jay McSwain.
- Meyer, J. (2006). *Look great feel great: 12 keys to enjoying a healthy life now*. New York: Warner Faith.
- Miller, D. (2008). *No more Mondays: Fire yourself- and other revolutionary ways to discover your true calling at work*. Colorado Springs, CO: WaterBrook Press.
- Miller, J. K. (1992). *Compelled to control: Recovering Intimacy in Broken Relationships*. Deerfield Beach, FL: Health Communications, Inc.
- Minirth, F. (2004). *Happiness is a lifestyle: Choosing to make a positive change*. Grand Rapids, MI: Revell.
- Minirth, F., Meier, P., Hemfelt, R., Sneed, S. & Hawkins, D. (2004). *Love hunger: 10-stage life plan for your body, mind, and soul*. Nashville, TN: Thomas Nelson Publishers.
- Minirth, F., Meier, P., Meier, R., & Hawkins, D. (1997). *The healthy christian life*. Grand Rapids, MI: Baker Book House.
- Minirth, F., Meier, P., Wichern, F., Brewer, Bill, & Skipper, S. (1981). *The workaholic and his family: An inside look*. Grand Rapids, MI: Baker Book House.
- Morrison, M. (2009). *Finding your passion: The easy guide to your dream career*. Garden City, NJ: Morgan James Publishing, LLC.
- Myers, I. B., & Myers, P. B. (1995). *Gifts differing: Understanding personality type*. Mountain View, CA: CPP, Inc.
- Neff, W. S. (2006) *Work and human behavior* (3rd ed.). Chicago: Aldine Publishing.
- Nelson, J. E., & Bolles, R. N. (2010). *What color is your parachute? for retirement: Planning a prosperous, healthy, and happy future* (2nd ed.). Berkeley, CA: Ten Speed Press.
- Ortberg, J. (2009). *The me I want to be*. Grand Rapids, MI: Zondervan.
- Ortberg, J. (2007). *When the game is over, it all goes back in the box*. Grand Rapids, MI: Zondervan.
- Ortberg, J. (2002). *The life you always wanted*. Grand Rapids, MI: Zondervan.
- Ortberg, J. (2001). *If you want to walk on water, you've got to get out of the boat*. Grand Rapids, MI: Zondervan.
- Oswald, R. M., & Kroeger, O. (1990). *Personality type and religious leadership*. New York: The Alban Institute, Inc.
- Parrot, L., III (2000). *The control freak*. Wheaton, IL: Tyndale House Publishers.
- Parrott, L., & Parrot, L. (1995). *The career counselor: Guidance for planning careers and managing career crises*. Nashville, TN: Thomas Nelson Publishers.
- Parrott, L., & Parrot, L. (2006). *Your time-starved marriage: How to stay connected at the speed of life*. Nashville, TN: Thomas Nelson Publishers.
- Peel, K. (2008). *The busy mom's guide to a happy organized home*. Picket Fence Press.
- Peterson, T. Bottke, A., & O'Brian, D. (2006). *I can't do it all: Breaking free from the lies that control us*. Minneapolis, MN: Bethany House Publishers.
- Phillips, B. (2007). *Overcoming anxiety & depression: Practical tools to deal with negative emotions*. Eugene, OR: Harvest House Publishers.

- Placher, W. C. (Ed.). (2005). *Callings: Twenty centuries of Christian wisdom on vocation*. Grand Rapids, MI: Wm. B. Eerdmans Publishing Co.
- Piper, J. (2003). *Don't waste your life*. Wheaton, IL: Crossway Books.
- Pope, E. (2003). *Creating your personal money map*. Wheaton, IL: Tyndale House Publishers, Inc.
- Rath, T. (2007). *Strengths finder 2.0*. New York: Gallup Press.
- Rath, T., & Harter, J. (2010). *Well-being: The five essential elements*. New York: Gallup Press.
- Rawles, D. (2005). *Finding a job God's way*. Garland, TX: Hannibal Books.
- Rees, E. (2006). *S.H.A.P.E.: Finding & fulfilling your unique purpose for life*. Grand Rapids, MI: Zondervan.
- Robinson, B. (2007). *Chained to the desk: A guidebook for workaholics, their partners and children, and the clinicians who treat them* (2nd ed.). New York: New York University Press.
- Rockefeller, K. (2007). *Visualize confidence: How to use guided imagery to overcome self-doubt*. Oakland, CA: New Harbinger Publications, Inc.
- Roe, A. (1956). *The psychology of occupations*. New York: John Wiley.
- Roizen, M. F., & Oz, M. C. (2005). *You: The owner's manual*. New York: HarperCollins Publishers, Inc.
- Roizen, M. F., & Oz, M. C. (2006). *You: The smart patient: An insider's handbook for getting the best treatment*. New York: HarperCollins Publishers, Inc.
- Roth, G. (2004). *Breaking free from emotional eating*. Santa Cruz, CA: Plume.
- Rubin, J. (2008). *Perfect weight America*. Lake Mary, FL: Siloam.
- Rubin, J. (2008). *Perfect weight journal: American edition*. Lake Mary, FL: Siloam.
- Schiraldi, G. R. (2001). *The self-esteem workbook*. Oakland, CA: New Harbinger Publications, Inc.
- Schuurman, D. J. (2004). *Vocation: Discerning our calling in life*. Grand Rapids, MI: Wm. B. Eerdmans Publishing Co.
- Sharf, R. S. (2009). *Applying career development theory to counseling* (5th ed.). Belmont, CA: Brooks/Cole.
- Sharf, R. S. (2009). *Applying career development theory to counseling – Student Workbook* (5th ed.). Belmont, CA: Brooks/Cole.
- Sher, B. (1996). *Live the life you love: In ten easy step-by-step lessons*. New York: Dell Publishing.
- Sher, B. (2006). *Refuse to choose! A revolutionary program for doing everything that you love*. New York: Rodale.
- Sher, B., & Smith, B. (1995). *I could do anything if I only knew what it was: How to discover what you really want and how to get it*. New York: Dell Publishing.
- Silvius, J. (1998). *Fool-proofing your life: An honorable way to deal with the impossible people in your life*. Colorado Springs, CO: WaterBrook Press.
- Skibbins, D. (2007). *Becoming a life coach: A complete workbook for therapists*. Oakland, CA: New Harbinger Publications, Inc.
- Smalley, G. (2006). *Your relationship with god: Drawing closer to god every day*. Carol Stream, IL: Tyndale House Publishers, INC.
- Smith, A. (2008). *Spiritual intimacy with God: Moving joyfully into deeper life*. Minneapolis, MN: Bethany House Publishers.
- Smith, G. T. (1999). *Courage and calling: Embracing your god-given potential*. Downer's Grove, IL: InterVarsity Press.
- Smith, L. N., & Walter, T. L. (1995). *The adult learner's guide to college success* (Rev. ed.). Belmont, CA: Wadsworth Publishing Company.
- Sobel, D. S., & Ornstein, R. (1996). *The healthy mind healthy body handbook*. New York: Patient Education Media, Inc.
- Sper, D. (Ed.). (2003). *How can I find satisfaction at my work? Discovery bible study series*. Grand Rapids, MI: Discovery House Publishers.
- Spero, D. (2002). *The art of getting well: A five-step plan for maximizing health when*

- you have a chronic illness*. Alameda, CA: Hunter House, Inc. Publishers.
- Stanway, P. (2001). *Natural well woman: A practical guide to health and wellbeing for life*. New York: Barnes & Noble Books.
- Stearns, A. K. (1995). *Living through job loss: Coping with the emotional effects of job loss and rebuilding your future*. New York: Fireside.
- Stein, M. (2007). *The lonely patient: How we experience illness*. New York: Harper Perennial.
- Stout, C. E., & Grand, L. C. (2005). *Getting started in private practice: The complete guide to building your mental health practice*. Hoboken, NJ: John Wiley & Sons, Inc.
- Swindoll, C. R. (2004). *Getting through the tough stuff: It's always something*. Nashville, TN: W Publishing Group.
- Templar, R. (2010). *The rules of work: A definitive code for personal success* (Expanded Ed.). Upper Saddle River, NJ: FT Press.
- Tieger, P. D., & Barron, B. (2007). *Do what you are: Discover the perfect career for you through the secrets of personality type* (4th ed.). New York: Little, Brown and Company.
- Tozer, A. W. (2006). *The pursuit of God: The human thirst for the divine*. Camp Hill, PA: WingSpread Publishers.
- Tozer, A. W. (2006). *Rut, rot, or revival: The problem of change and breaking out of the status quo*. Camp Hill, PA: WingSpread Publishers.
- The Transition Network. (2008). *Smart women don't retire – they break free: From working full-time to living full-time*. New York: Springboard Press.
- U. S. Department of Labor. (2010). *Occupational outlook handbook 2010-2011*. Indianapolis, IN: JIST Works.
- Veith, Jr., G. E. (2002). *God at work: Your Christian vocation in all of life*. Wheaton, IL: Crossway Books.
- Wagner, C. P. (2005). *Finding your spiritual gifts: The easy-to-use, self-guided questionnaire that helps you identify and understand your unique god-given spiritual gifts*. Regal Books.
- Walsh, W. B., & Savickas, M. L. (Eds.). (2005). *Handbook of vocational psychology: Theory, research, and practice* (3rd ed.). Mahwah, NJ: Lawrence Erlbaum Associates, Inc.
- Weil, A. (2006). *Eight weeks to optimum health: A proven program for taking full advantage of your body's natural healing power*. New York: Alfred A. Knopf.
- Weiss, R. S. (1990). *Staying the course: The emotional and social lives of men who do well at work*. New York: Free Press.
- Wells, S. M. (2000). *A delicate balance: Living successfully with chronic illness*. Cambridge, MA: Da Capo Press.
- Whitcomb, S. B. (2008). *The christian's career journey: Finding the job god designed for you*. Indianapolis, IN: JIST Works.
- Wilmovsky, B. (2006). *D.R.E.A.M. Health: How to live a healthy balanced life in an unbalanced world*. Lake Mary, FL: Siloam.
- Wingren, G. (2004). *Luther on vocation*. (Translated by Carl C. Rasmussen). Eugene, OR: Wipf & Stock Publishers.
- Winter, R. (2005). *Perfecting ourselves to death: The pursuit of excellence and the perils of perfectionism*. Downer's Grove, IL: IVP Books.
- Witherington, III, Ben. (2011). *Work: A Kingdom Perspective on Labor*. Grand Rapids, MI: Eerdmans.
- Yate, M. (2006). *Resumes that knock 'em dead* (7th ed.). Avon, MA: Adams Media.
- Yessick, T., & Norman, B. (1997). *Building blocks for longer life and ministry*. Nashville, TN: Convention Press.
- Zelinski, E. J. (2003). *The joy of not working: A book for the retired, unemployed, and overworked – 21st century edition*. Berkeley, CA: Ten Speed Press.
- Zelinski, E. J. (2009). *How to retire happy, wild, and free: Retirement wisdom that you won't get from your financial advisor*. Lanham, MD: National Book Network.
- Zichy, S., & Bidou, A. (2007). *Career match: Connecting who you are with what you'll love to do*. New York: AMACOM.

Zunker, V. G. (2008). *Career, work, and mental health: Integrating career and personal counseling*. Thousand Oaks, CA: Sage Publications, Inc.